

Pastoral Supervision

*Protecting your heart
to go the distance in ministry*

Susan Marcuccio – August 2023



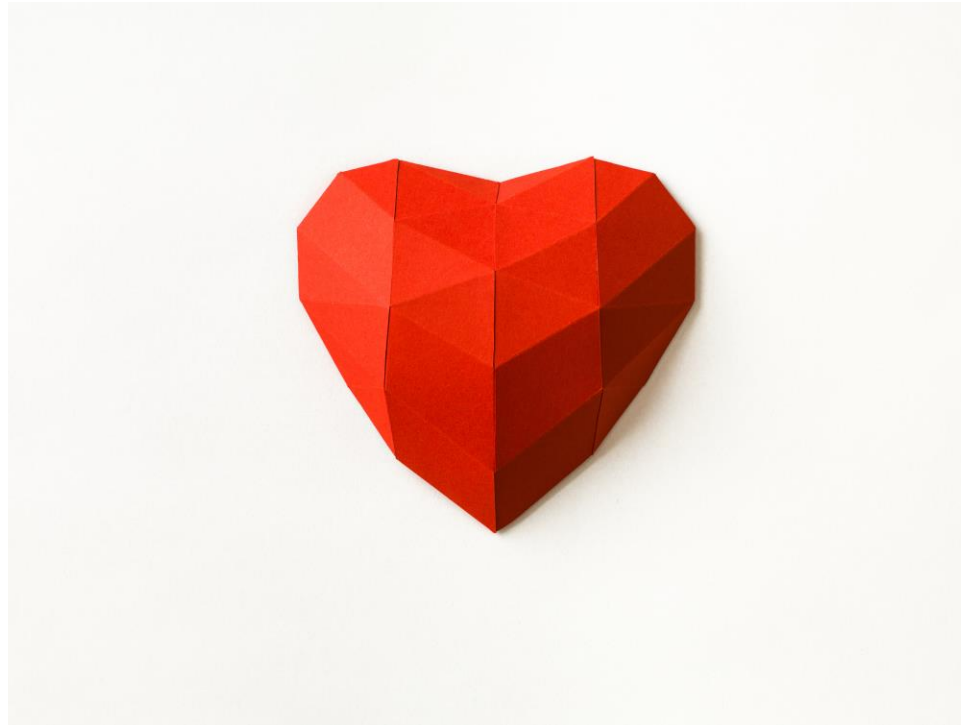
PASTORAL SUPERVISION:

Protecting your heart to go the distance in ministry

- How is your heart?
- Caring for yourself in ministry
- What is pastoral supervision?
- Connecting to your calling
- Restoring the light – the God factor
- Staying in your lane
- How supervision can ENHANCE your ministry
- Who is walking with you?

(Susan Marcuccio)

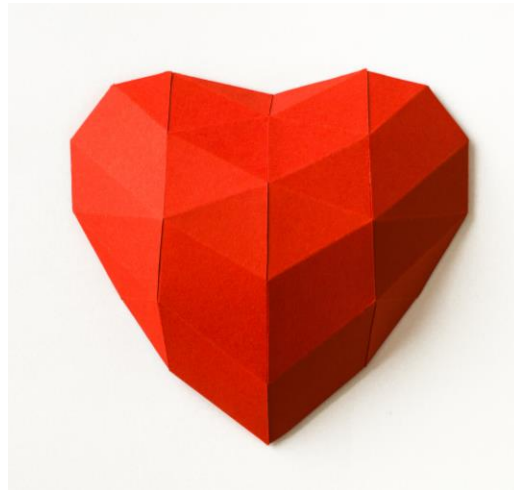
HOW IS YOUR HEART?



(Susan Marcuccio)

**Above all else – guard your heart,
For everything you do flows from it.**

Proverbs 4:23

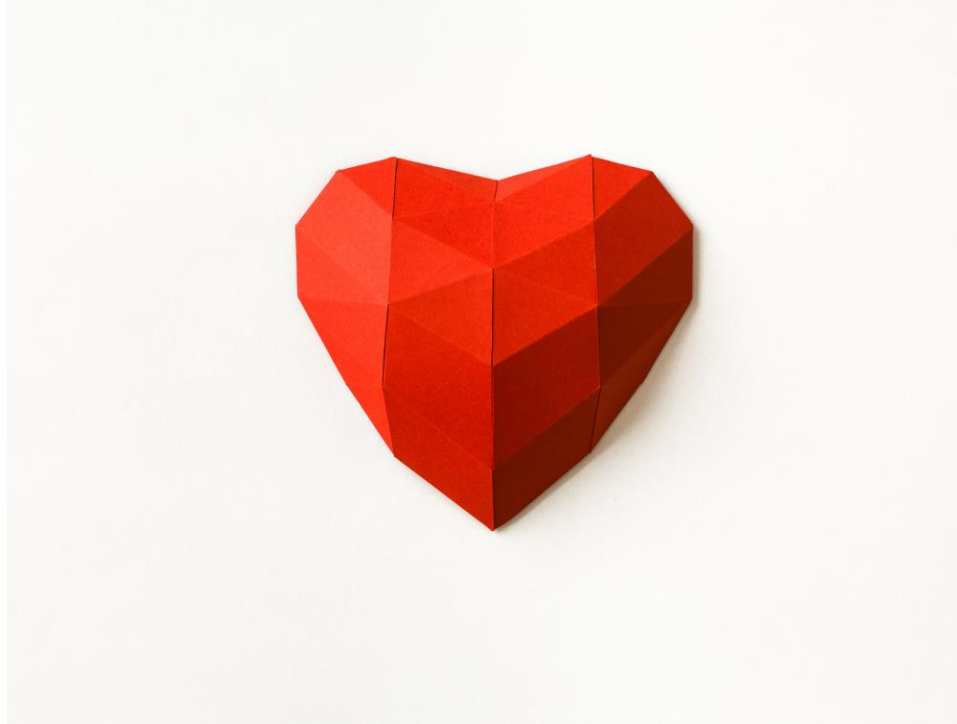


**Create in me a clean heart, and
renew a steadfast spirit within me.**

Psalms 51:10

(Susan Marcuccio)

Nothing external can take you out



**It's only the internal that can.
Is there anything lodged in your heart?**

(Susan Marcuccio)



CARING FOR YOURSELF IN MINISTRY

Acknowledge your losses – process your grief

Deal with offences – guard your heart

Operate in your sweet spot – just the right amount of stress, don't burn out or rust out

Stay holistically healthy – physically, emotionally, spiritually

Pursue personal growth and development – be who you need to be at each point

Be authentic – being who you really are and know what you believe

Be strategic and intentional – plan your life

Know your purpose – stay true to your calling

Nurture key relationships – know how to interact with people

Keep your first love – Jesus - This underpins everything else

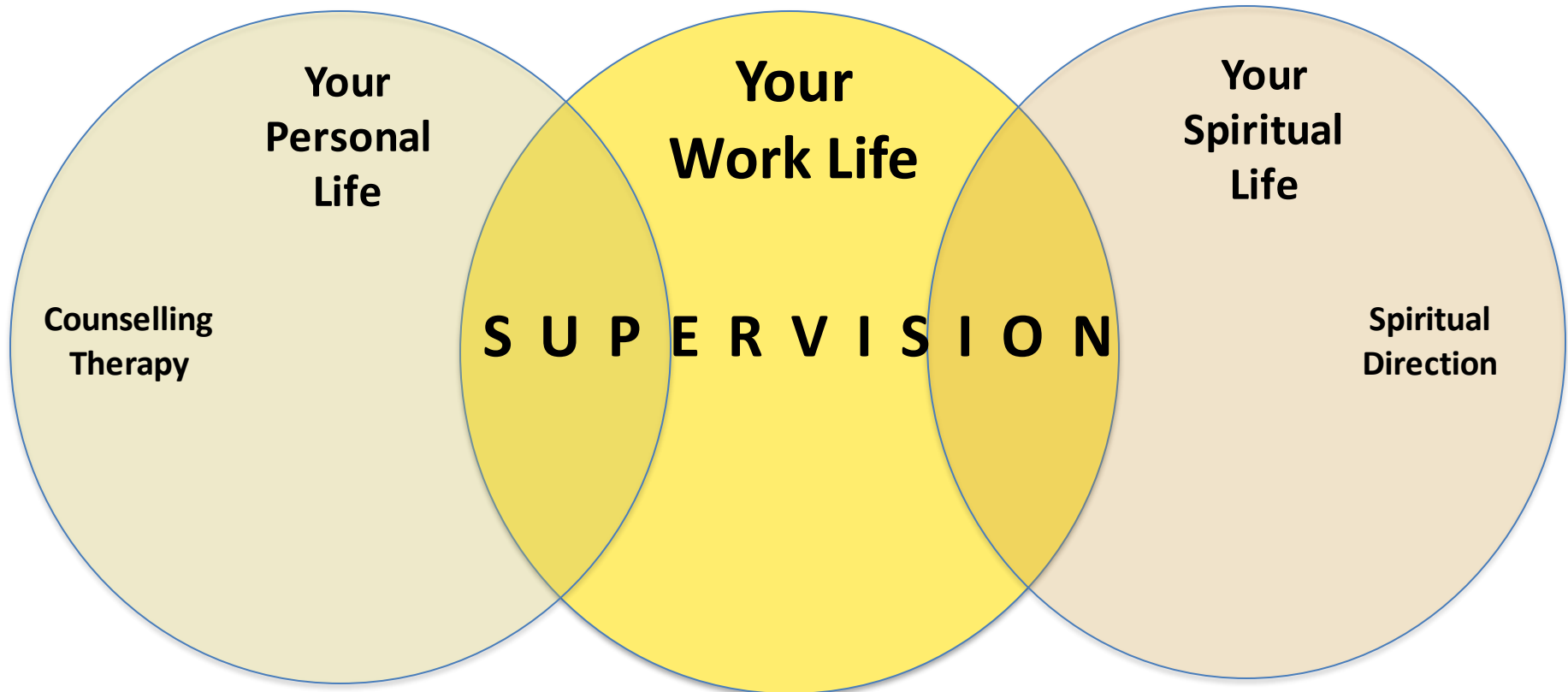
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What is pastoral supervision?

In supervision the focus is the person's work life and the cross over with the person's personal life and spiritual life.



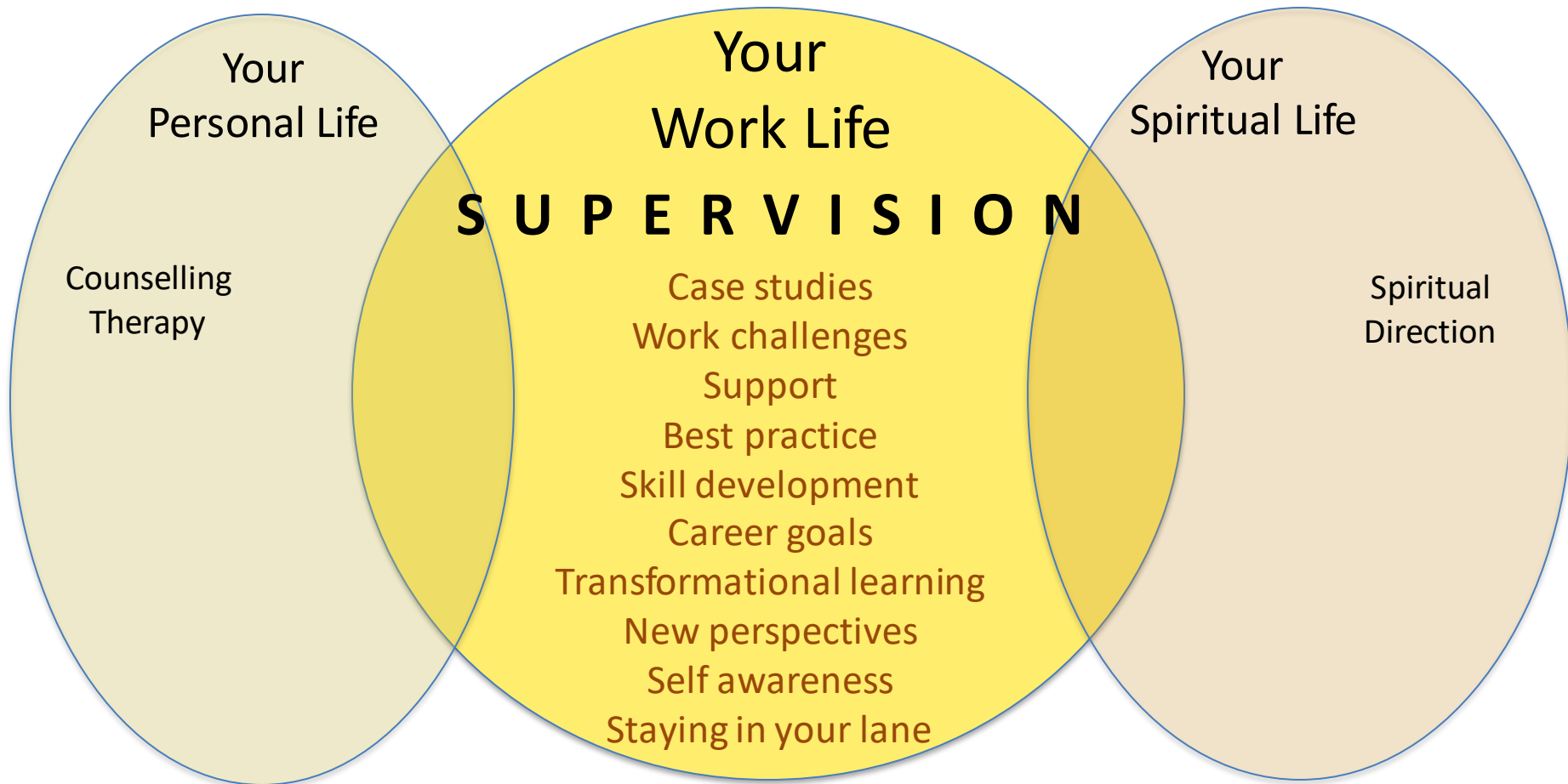
THREE RINGED MODEL



THREE RINGED MODEL

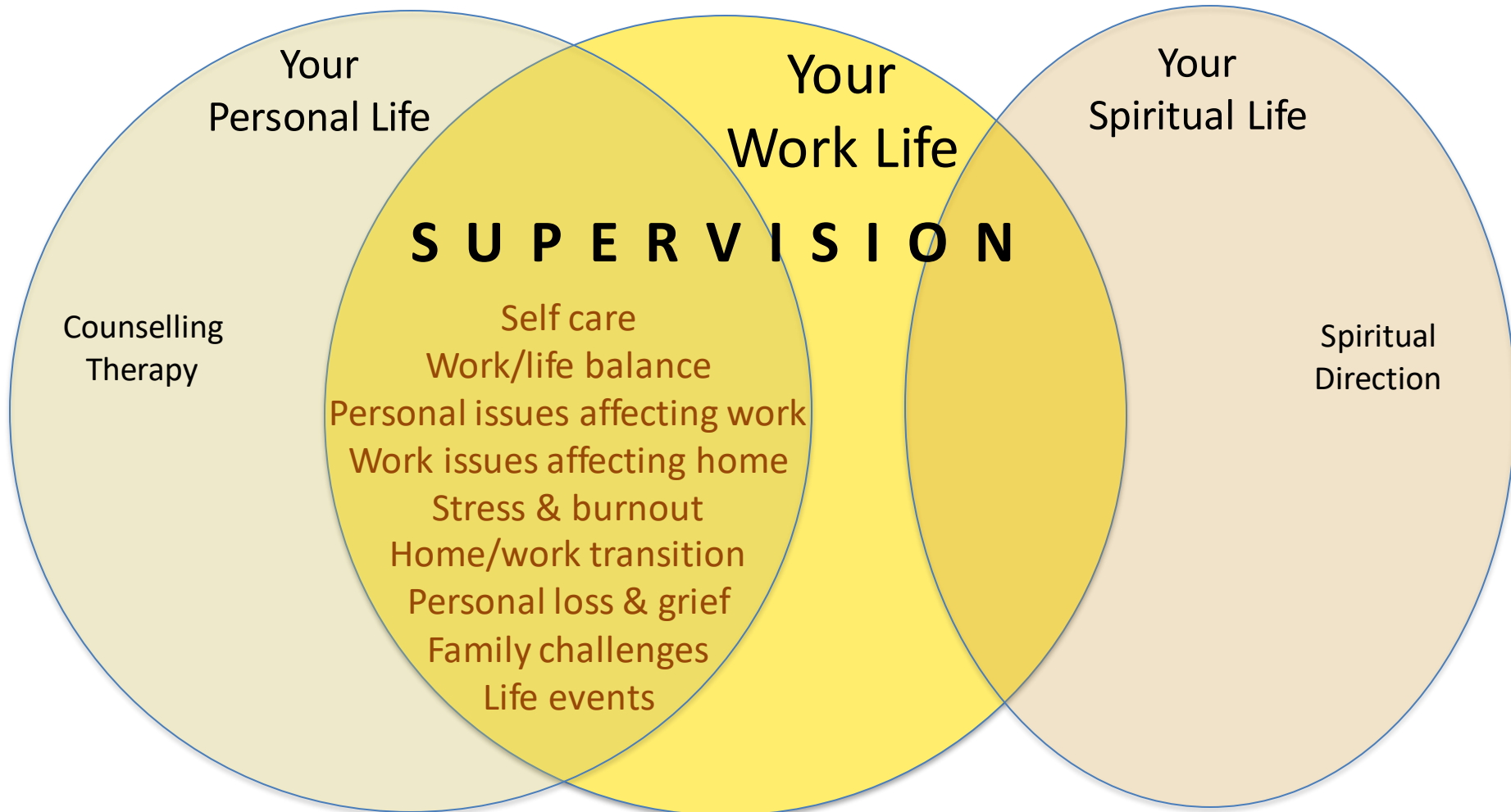


When work life is the focus



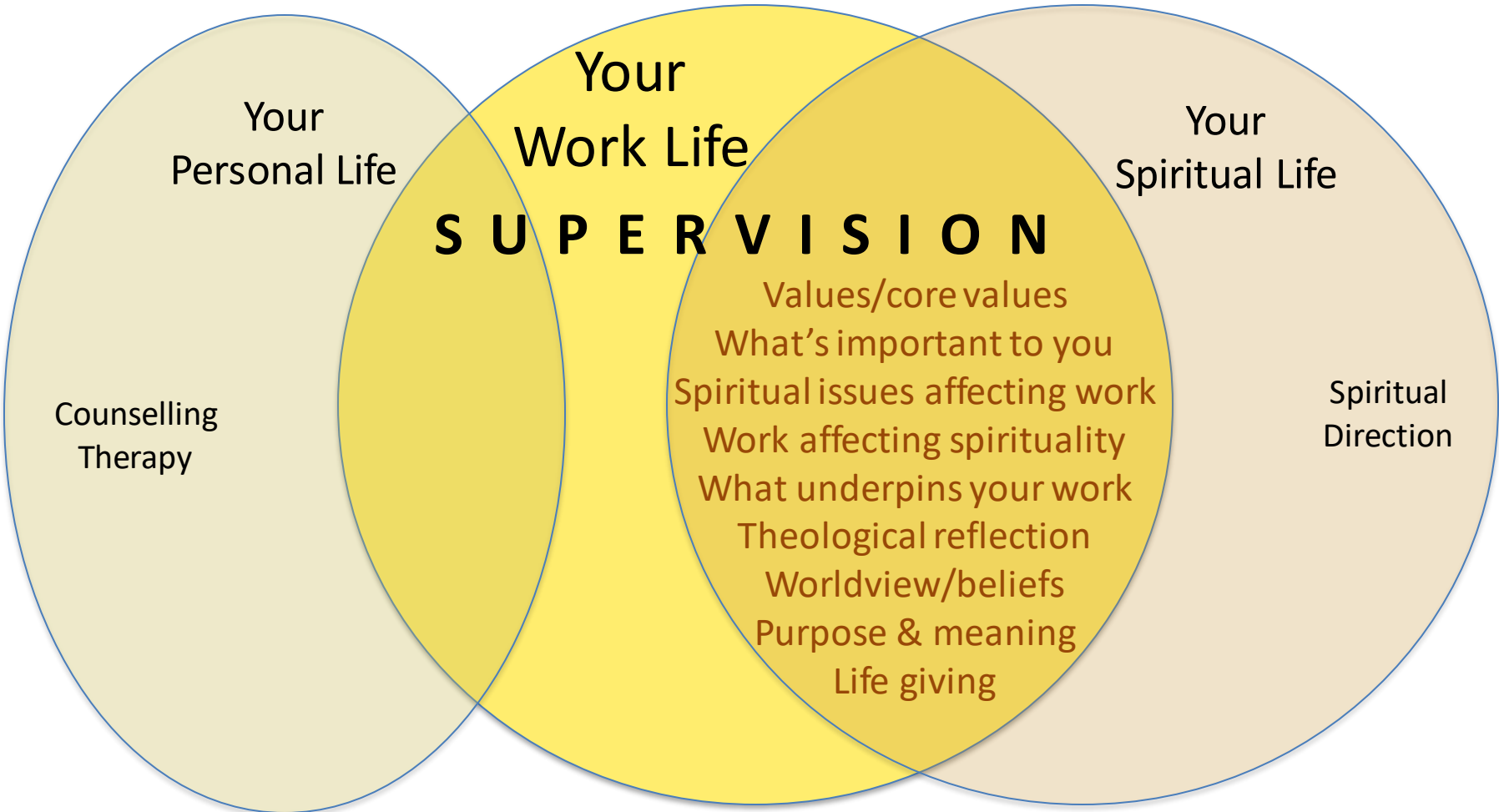
THREE RINGED MODEL

When personal life/work life is the focus








THREE RINGED MODEL

When work life/spiritual life is the focus



Connecting to your calling



-  Think back to your original call to ministry
-  Your hopes and dreams of what you could achieve
-  How you hoped to make a difference and see lives changed
-  The expectations you had for your ministry
-  Remember the sense of purpose and passion you had

(Susan Marcuccio)

Connecting to your calling



- What has changed?
- How have you changed?
- Are you seeing happen what you hoped for?
- Have your expectations been realised?
- Has there been disappointments?
- How are you managing the expectations and the reality?
- How is this affecting your heart?

(Susan Marcuccio)



Restoring the light – The God factor



Psalm 13:3

“Restore the sparkle to my eyes...” NLT

“Enlighten my eyes” NKJV

“Give light to my eyes...” NIV

“Revive me...” NET

(Susan Marcuccio)



Connecting to your calling

ACTIVITY:

Answer the following questions:

- I feel passionate about....
- I feel energised when....
- I love it when I get to.....
- I would love to be a voice for....
- What is most important for me is....
- The thing that drives me is.....
- If I had the opportunity, I would tell people.....
- Anything else you would like to add?

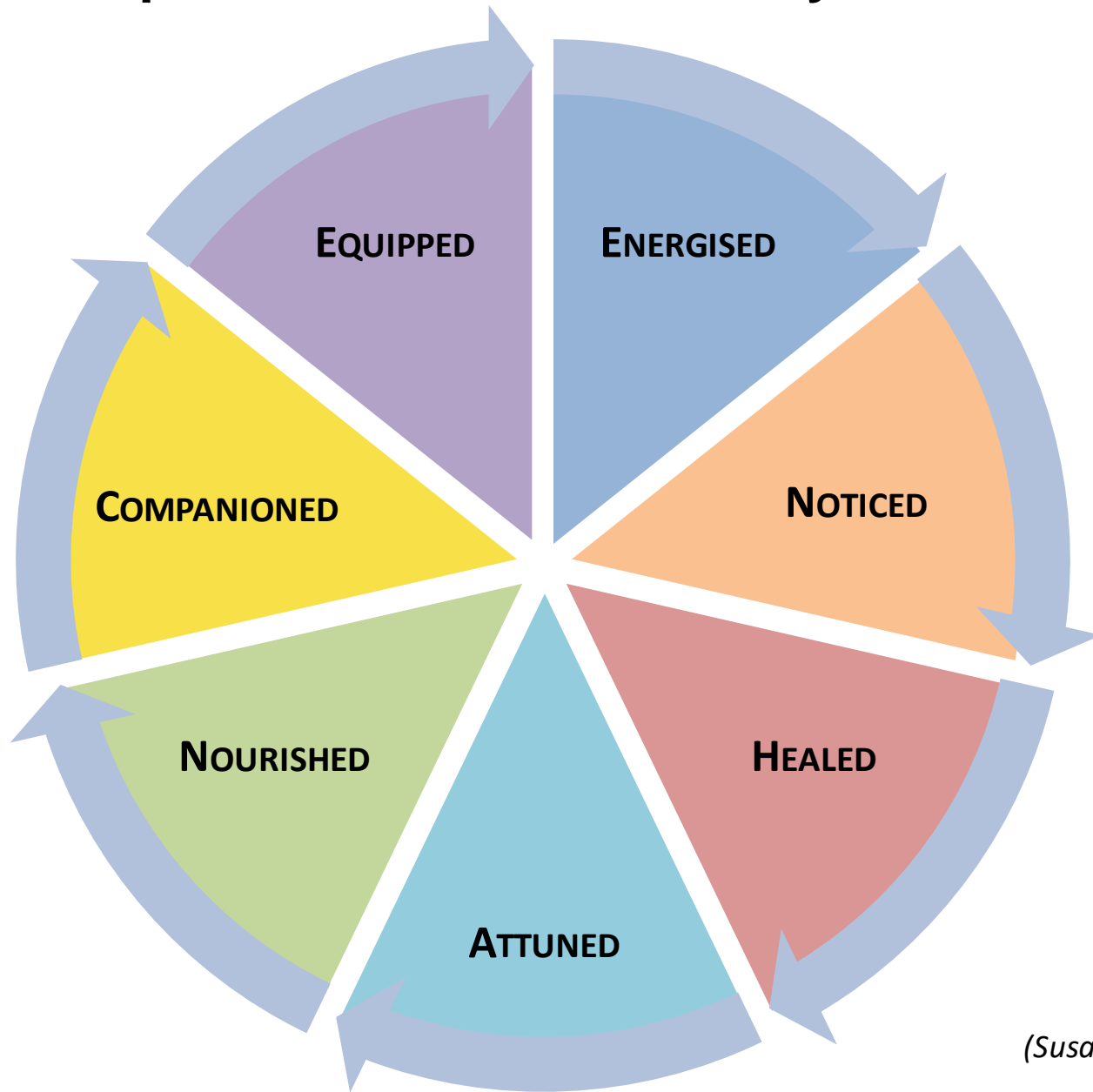
(Susan Marcuccio)

Staying in your lane



(Susan Marcuccio)

How Supervision can ENHANCE your ministry



(Susan Marcuccio)

How Supervision can ENHANCE your ministry

Energized

To gain energy, capacity, abundance, vitality, drive, zeal, endurance, strength, stamina and toughness.

Noticed

To be seen and heard, to have someone notice any red flags and assist with processing the experiences.

Healed

To be whole, integrated, restored, settled and well - body, soul, spirit - physically, spiritually, emotionally, cognitively.

Attuned

In harmony with, to be aware of and living consistent with values, principles, beliefs and calling.

Nourished

To gain life, health and growth, be encouraged, championed, built up strengthened, comforted and supported.

Companioned

Accompanied, a confidential space to be heard, not alone, to have a place to connect.

Equipped

To have what is needed for the role, to learn, to be aware, to gain skills, to be ready for ministry.

(Susan Marcuccio)

Pastoral Supervision

Who is walking alongside you in ministry?



Jesus was an advocate for taking time out to reflect and recharge, and to have those who walk with us in ministry.

Mark 6:31

“Come with me by yourselves to a quiet place and get some rest.”

Luke 24:13 - 14

“On the road to Emmaus.....They were talking with each other about everything that had happened. Jesus came and walked along with them...”

WHO IS WALKING ALONGSIDE YOU??

(Susan Marcuccio)



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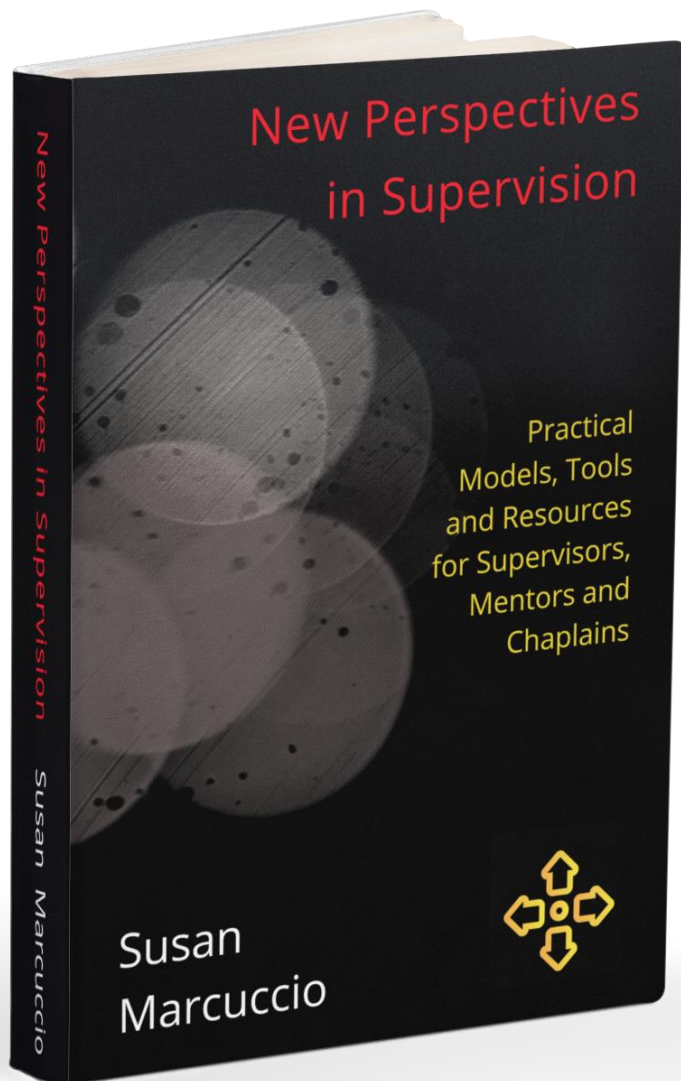
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